

Services we provide at the Enterprise Senior Center

Congregate Meals:

The ECS provides meals to an eligible client at the Enterprise Senior Center.

The meals comply with the Dietary Guidelines for Americans (published by the Secretaries of the Department of Health and Human Services and the United States Department of Agriculture).

The meal recipient must meet the eligibility of the congregate meals program.

Home Delivered Meals:

The ECS provides meals to an eligible client at the client's place of residence.

The meals comply with the Dietary Guidelines for Americans (published by the Secretaries of the Department of Health and Human Services and the United States Department of Agriculture).

The meal will be delivered by the ESC driver (within city limits only).

The meal recipient must meet the eligibility of the home-delivered meals program.

Information and Assistance:

The ESC provides individuals with information requested and/or connects individuals to resources available within the community.

The ESC helps to ensure that clients of the center receive the services they need and are aware of opportunities available to them.

Information and Assistance may include:

- Assisting clients to complete forms
- Reassessing an existing client's situation to determine if changes should be made to the services being delivered

Nutrition Education:

The ESC provides accurate and culturally sensitive nutrition, physical fitness, or nutrition-related health information and instruction to clients of the center or their caregivers to promote better health.

Telephone Reassurance:

The team of the ESC provides comfort and help, by phoning a member of the center in a time of need.

Friendly Visiting:

The team of the ESC provides comfort and help, by visiting a member of the center in a time of need.

Recreation:

The ESC provides a wide variety of activities.

Activities may include:

- Use of exercise equipment
- Games, Board Games & Cards
- Craft projects
- Social functions within the center
- Dinners to local and out of town restaurants
- Local and out of town trips

Every Tuesday: Art - Taught by a professional teacher
(Members furnish art supplies)

Every Monday and Wednesday: Sewing Classes

Outreach:

Interventions initiated by an agency or organization for the purpose of identifying potential clients (or their caregivers) and encouraging their use of existing services and benefits.

Outreach may include:

- Speaking individually with seniors during a local health fair
- Contacting new residents to describe the nutrition center's activities

Transportation:

If you are unable to drive or do not have transportation, and you live within city limits the ESC driver will pick you up from home, bring you to the center and return you home after lunch.