

# Where the wild Things walk

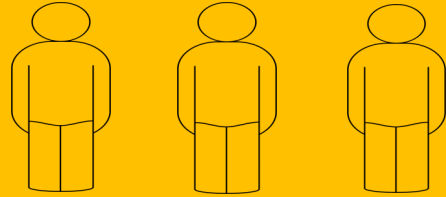
February 08-14, 2019

Enterprise Parks & Recreation  
@Johnny Henderson Park



Complete the following challenges  
on your walk this week at Johnny  
Henderson Family Park!

- Say "Good Morning" to 3 people.



- Walk backward across the  
bridge. Come back across if you are  
walking completely around the lake!

- Spot 3 different colored or types  
of dogs.



- Give someone a high-five!
- Skip 5 times.
- Find a Southern Catalpa tree.

Johnny Henderson Park has one of the largest collections of Native Alabamian Trees!  
Can you find the featured tree this week?

## The Southern Catalpa



A tea made from the bark has been used as an antiseptic, snake bit antidote, laxative, sedative, and an anti-parasitic. It was also used as a substitute for quinine in treating malaria.

A tea made from the seeds was used in the treatment of asthma and bronchitis as well as used as a rinse on wounds.



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